

University of Pretoria Yearbook 2017

Physiotherapy 101 (FTP 101)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	10.00
Programmes	BPhysio
Contact time	3 lectures per week, Community Engagement, 4 practicals per week, 1 web-based period per week
Language of tuition	Separate classes for Afrikaans and English
Academic organisation	Physiotherapy
Period of presentation	Year

Module content

General introduction and orientation to physiotherapy, PBL skills and evidence-based approach to physiotherapy. Introduction to biomechanics, terminology, passive movements, measurement of the range of movement, clinical visits and patient-handling.

Kinetics: axis, planes, levers, effect of gravity on the human body.

Applied electro biomechanics: introduction to radiation, high-frequency, ultrasound, shortwave diathermy, laser, ultraviolet, infrared radiation.

Introduction to manual therapy: general introduction to massaging, evaluation of soft tissue, types applications and effects of massage techniques on various types of tissue, modalities application to the human body.

Human movement science: introduction to biomechanics, study of human movement, functional evaluation, muscle-testing, types of muscular activity, kinematics: analysis of movement, motor control and posture, characteristics of normal movement. Applied electrobiomechanics, introduction to medium frequency currents, Russian currents. Pulmonology.

Note: Physiotherapy is presented in a problem-based and integrated manner.

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